

FEATURE STORY – YEAR 7 BREAKFAST AND SOCIAL

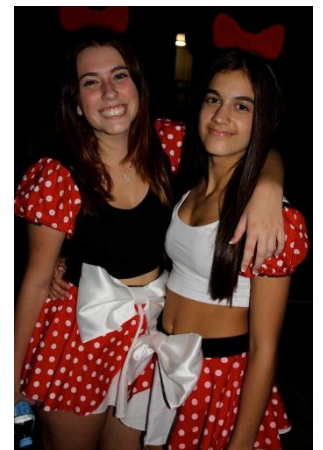
The students and families of Year 7 enjoyed a meet and greet breakfast on Wednesday 27th February in the TAS quadrangle at Nambucca Heads High School. This is an annual event and gives the teaching staff an opportunity to meet and talk with the students and their families in an informal atmosphere. While we did have to contend with the odd shower during the morning it was nothing compared to the downpours that postponed a number of excursions that had been planned over the last two weeks. A sumptuous breakfast of fruit, egg, bacon, croissant and sausage was prepared and cooked by the staff. Principal, Mr Peter Vernon, welcomed the parents and friends of the students and conveyed his appreciation and his enthusiasm for the coming year. He also spoke about the exciting events Year 7 students will have access to over the next six years of their education. This week the Year 7 students along with staff and peer support leaders are at Hat Head Caravan Park attending the annual Peer Support Camp which was postponed from earlier in February. A full report on the camp will be in the next newsletter. From all reports everything is going well and I think there will be some very tired students (and staff) this weekend. Also last week the SRC held it's "Welcome to Year 7 Social". The theme for the social was "Childhood Memories". It was a fantastic night with a large number of students coming along in some brilliant costumes. The wonderful Year 12 Entertainment students organised the music for the night and with the recent installation of laser lighting the night was a big success.



Parents, students and staff enjoying the morning



Students in fancy dress attending the social



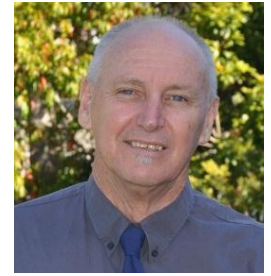
Photos supplied by Elle Holliday

PRINCIPAL'S REPORT

Dear Parents and Community

Over the last few weeks at school we have been discussing with students appropriate behaviours when it comes to interacting with other students. This includes topics such as cyber bullying, physical and verbal bullying and inappropriate interaction with other students. There is a zero tolerance in regards to bullying at Nambucca Heads High school. What we try to encourage at our school is that everyone has a part to play in realising the school's goals. With bullying it is the duty of all to ensure that it does not happen. We try to empower all students to come forward and alert the staff at the school to any forms of bullying.

Parents also need to adopt this approach and inform me of any concerns they may have of bullying of your or other children at our school. **A reminder to all parents that the use of mobile phones is banned at our school.** All students in the school will face the same consequences. Using a mobile phone will lead to confiscation and parents will be required to come and reclaim the phone from the front office. Attendance at school is a priority in ensuring that a student achieves the most from their learning. If your child is absent from school because they are too sick to attend then you will need to provide a note explaining your child's absence. Unexplained absences are recorded on a student's report card so please ensure that you send in immediately your child's reason for being away from school. School is such a good place to come to when students and staff are happy in each other's company. We have our down days and some disagreements but the general tone of the school and the many smiling faces and respectful greetings make it a pleasure to be at work.



Peter Vernon
Principal

DEPUTY'S REPORT

Dear Parents and Community

At the most recent school assembly, I introduced students to a concept that encourages them to **THINK** before they speak, send texts and use social media.

The first letter T stands for True. Is what you are saying true?

H stands for helpful. Is what you are going to say helpful?

I stands for is inspiring.

The next letter "N" stands for necessary. Is it really necessary for you to say what you are going to say? Do you really NEED to say it, or do you simply want to say it?

Finally the "K" stands for kind. Is what you are going to say kind?

Every classroom has a poster reminding students of this and all staff are going to talk to the students regularly using these points. Parents could discuss and reinforce this at home with their children.

Words are very powerful. We use them every day, sometimes without giving it much thought. With words we can accidentally or intentionally hurt others. Words can change a situation from bad to good or from good to bad.

Are you THINKing before you speak, send or post?



Jo Marshall
Deputy Principal

CALENDAR

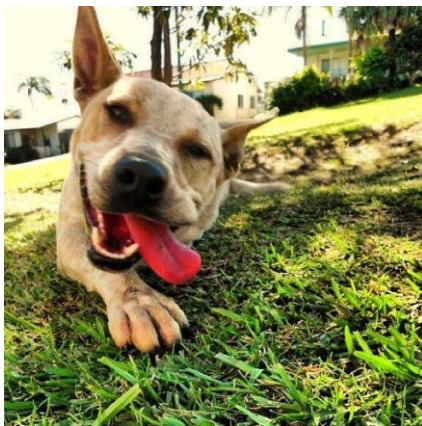
March 18th – 19th	Junior Drama Camp
March 20th	CSIRO Roadshow
March 21st	Year 9 Parent Info Federal Government Laptop program 5.00pm – 6.00pm
March 22nd	Duke of Edinburgh Kayaking
March 25th – 27th	Year 9 camp North Beach
March 27th	P&C AGM Nambucca Heads RSL Club
April 2nd	SRC Induction during Assembly

Photography Competition

The first photography competition organised by Ms Elle Holliday had some fantastic entries. The winner of the "Through your Pet's Eye" brief was an extremely hard decision. The final five were entries from Brent Russo, Erin Wattison, Caroline Higgins, Josh Newman and a joint entry by Shenay Blanch and Zoe Baxter. After much deliberation there were two entries that could not be separated so, the joint effort by Shenay Blanch and Zoe Baxter and the entry by Josh Newman were named joint winners. The next brief is "Foam and Bubbles". These entries are due to Ms Holliday before Wednesday 27th March with the winners being announced at assembly on Tuesday 2nd April. The competition will be run on a points basis, entrants earning points for entering and bonus points for the winner. The person with the most points at the end of the year will receive the major prize.



Josh Newman



Warren Fletcher



Erin Wattison



Zoe and Shenay

Photography Excursion

Ms Holliday's Year 12 photography class had an excursion to Nambucca Heads township to visit Zeny's Photographic Studio to learn about how lighting is used in a professional studio. Students also had a chance to practice the art of street photography, an area of photography that they are currently studying in class. Their visit also took in the opportunity shops and the tattoo artist. Year 12 would like to publicly thank Zeny for her time and advice, Mike from the tattoo shop and the ladies at the opportunity shop for their courtesy and good humour.



Ms Holliday, Brooke, Hannah, Kieran, Bonnie, Ashley, Josh, Rosie

Can You Help?

We are looking to collect a few things for art works and for use in the art room. If you have the following at home could you bring them in to your art teacher or leave them with Ms Holliday in the TAS staffroom. You could also leave them at the front office.

- * Tags or labels from any brand clothing for a Year 12 Art work. Also needed are any logo type stickers (Vans, Volcom, Roxy, Nike etc) or labels off bottles etc.
- * Old towels
- * Glad wrap from around delivered newspapers
- * Clean plastic containers, ice cream containers and plastic plates
- * Clean metal cans without sharp edges preferably with labels removed.
- * Clean dolls - can be broken

The NHHS Newsletter is available via email. If you would like to receive the newsletter this way please contact Annette Welsh at the school.

What to Expect If You Join the P & C

Interested in joining the P & C? Here's what you could expect to happen. There are eight 2 hour meetings per year. They are held every 4th Wednesday of the month at the Nambucca RSL Club, beginning at 7.00pm. The P & C President conducts the meeting, beginning with reading the minutes of the previous meeting. Any correspondence is presented and any that went out is mentioned. The President then deals with any general business and any new business that might arise. The Treasurer gives a report on the P & C finances, and then the Principal gives his report on what is going on at school. Some committee members who sit on the school's different finance and Government Grants Committees may also give a report. These committees meet once a term. We have tried to simplify what the P & C does. In order to cover our P & C Insurance and Affiliation costs we have decided to hold a BBQ outside Bunnings on a Saturday once a year. So a commitment to a part of one Saturday would be required, but if you have other commitments the wheels aren't going to fall off. Sometimes teachers approach the P & C asking to fund a special project, which we may or may not take on depending on democratic processes. One of these usually becomes an on-going project which we feel must fit the criteria of benefiting the whole school. The P & C would also like to engage the school community and hold a social event/ fund-raiser. With this in mind we are planning a Trivia Night with Michael Major sometime during the school year. We wouldn't expect you to spend hours pestering every business in town to donate a prize, but participation on the night of the event would be expected unless you have another more pressing engagement. Access to, and friendly banter with, as well as lots of information about what's going on at school from Peter Vernon is a great plus. It keeps you actively engaged with the school and with your child's education. The School Community is a great community to get involved with, and it's made even better with your participation. So come along and meet other parents from school and join us in what we do to support the school. You might find you'll become a better person as you become more community minded! Benefits all round.

Regards: Susan Jenvey President NHHS P&C

NHHS P&C Association will be holding it's Annual General Meeting on Wednesday 27th March in the boardroom of the Nambucca Heads RSL commencing at 7.00pm. All Welcome.

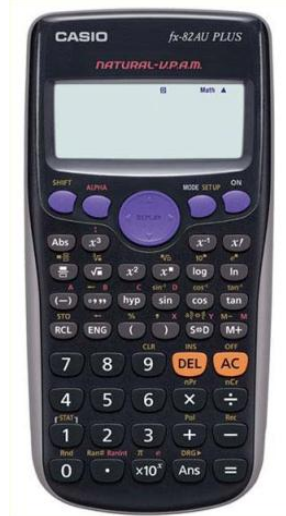
MATHS DEPARTMENT

Calculators

It is a requirement of all Mathematics courses that students have available for use a calculator. They need to become familiar with its operations and over time with all aspects of it. This can only occur effectively if they use their own calculator when needed. These calculators are often called on to be used in other subject areas, including examinations. If a student maintains their calculator in good order it will last well beyond their High School Years. The calculator that we use is a Casio fx 82AU Plus. It can be purchased at school for \$22. It is also widely available in a variety of commercial enterprises.

Australian Mathematics Competition

This competition will be held on **Thursday August 1** during periods 1 and 2. It is open to all students Year 7 to 12 in different divisions. Students may enter the competition by paying \$5.50 to the front office. Their name and year will be taken and given to Mr Ison. Entries close at the end of this term (12th April). Further information can be obtained from Mr Ison or your Mathematics teacher.



PEER SUPPORT TRAINING

Eighteen Year 10 students took part in the "Peer Support Training" day on Monday 18th February. Lead by Ms Angela Bagordo, the Year 10 students took part in a workshop designed to develop key skills in resilience, assertiveness, decision making, problem solving and leadership. These students will attend the Year 7 Peer Support Camp where they will put their new found skills into practice and help the younger students to also gain these qualities that will help them through their school life and beyond. While these games are designed to have fun it does serve to help students understand that we are all individuals and we should be accepted for who we are.



Youth Week 2013**'Be Active, Be Happy, Be You'**

Youth Week 2013 is from Friday 5 April to Sunday 14 April and Nambucca Shire Council has organised Musicians Making A Difference (MMAD) to deliver 2 FREE workshops leading up to a concert at the Macksville Show on Saturday 13 April. The FREE workshops for 12-25 year olds, prior to the Show, will be held at the Salvation Army, 20 River Street, Macksville from 3.30 pm until 8.00 pm (approximately) on Thursday 11th and Friday 12th April. Refreshments will be provided. The concert, at the Macksville Show on Saturday 13th April, will start at approximately 5.00 pm, so if you would like to perform, please contact Vicki Fernance, Youth Development Officer, on 6568 0254. You don't have to do the workshops to perform at the Show. MMAD facilitators have a wide range of experience and the workshops will cover all aspects of music and the music business. Have a look at their website to find out more about this not-for-profit organisation: <http://www.mmad.org.au/> . If you would like to participate in the workshops and/or perform at the Show, or to find out further information please contact Vicki on **6568 0254**. Youth Week activities are funded by Nambucca Shire Council, Community Builders and NSW Government Office of Communities.



'SHOWTIME'



"A Celebration of Public Schools in the Nambucca Valley"

OVER 500 PERFORMERS! COME CELEBRATE THE WEALTH OF TALENT IN OUR VALLEY!

Date: Thursday April 11th 2013

Time: 6.30pm

Venue: Nambucca Heads High School

Ticket: Available at the door

Price: \$10 per Adult
\$5 per child 17 yrs and under



2013 DER-NSW PARENT SURVEY

The DER-NSW seeks your views on the NSW one-to-one laptop program.

A formal evaluation of the program is being undertaken by the New South Wales Department of Education and Training in collaboration with the University of Wollongong. It is an effort to determine how the DER-NSW program may impact on learning and teaching education across the state. The evaluation has taken place over 4 years.

Please go to the link below and complete the 2013 survey. It won't take you too long.

<http://www.surveymonkey.com/s/DER-NSW-Pr2013?c=8595>

To access the link please enter it into the long address bar at the *top* of the page of your internet browser (not into a search engine such as Google) and press enter or go – this will take you to the survey.

Individuals cannot be identified in the data.

Evaluation reports to date can be viewed online: <https://www.det.nsw.edu.au/about-us/how-we-operate/national-partnerships/digital-education-revolution/rrql/research>.

COMMUNITY & SPORTING NOTICES

Shop at IGA

By registering and shopping at any of Ritchies IGA Supermarkets you will be helping Nambucca Heads High School raise much needed funds. Each time you shop at Ritchies IGA and swipe your registration card .5% of the money you spend will be automatically donated back to the school. This is a wonderful initiative by IGA and we have already received funds deposited directly to our school bank account. Applications are available from Annette Welsh at Nambucca Heads High School. Please read the application pamphlet for all conditions.